

Race Staff Numbers  
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IN CASE OF EMERGENCY, DIAL 911



## **RACE INSTRUCTIONS** **2008 DECEMBER CHILL**

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- **While biking on the park roads, stay single file and to the side of the road.**
- **All public roads (Kensington Rd) are off limits for the entire event. You will cross under Kensington Rd at the tunnel.**
- **You must punch your passport at all CPs, even manned CPs. It is your responsibility to punch your passport in the correct location and keep your passport legible to be turned in at the finish.**
- Make sure to notify race staff if you are leaving the race for any reason.
- We will be using our standard Score-O style for the final orienteering section. In accordance with our rules, you will not be beaten by someone with fewer orienteering points than you. The object is to get as many of the points as you can and get to the finish before the 7 hour cut-off expires. Manage your time accordingly.

Have your gear bag #2 (with trekking shoes, extra clothes and food and water) loaded into the trailer by **8:45am**.

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**START** – The race will start outside the Dodge Pavilion on foot to obtain CPs 1-3. Then you will return to the Pavilion for CP4 and to transition to the Mountain Bike Section.

**TREK/ORIENTEERING** – These points can be obtained in any order. You must get all 3 of these points.

**CP1** – Located in a small **Reentrant**.

**CP2** – Located on a **Spur** overlooking a swamp.

**CP3** – Located between the **Road & RR Track**.

**CP4** – Located back at **Dodge Pavilion**.

**BIKE** – Follow the single track as instructed on the provided bike map.

**CP5, CP6, & CP7** – All located along the single track trail as indicated on the bike map. Follow the trail and be sure to stop at and punch all the CP's as you pass. Be sure to follow the map and make the correct turns to stay on the correct single track route. You must still navigate!

**CP8** – Located at the mountain bike trailhead parking lot.

**CP9** – Located at the Kent Lake Spillway. You may bike either the paved bike trail or the park road or a combination of the two to reach CP9. Note that traffic may be present on the park road and normal road riding rules apply. At CP9 you have access to your paddling gear and clothing, gear, food, etc... that you dropped in your gear bag #1.

**PADDLE** – Make sure to use a rental boat unless you brought your own canoe or kayak!

**CP10** – Located on **River Left** at the end of the paddling section at Placeway Picnic Area. From CP9 paddle to CP10. At CP9 Follow staff instruction for the portage of your boat down the hill to the put in below the spillway. Make sure to pack your gear bag #1 back up and take everything with you except your bikes. At the take out at CP10, you will have access to your second gear bag. Follow staff instruction for exiting the river and taking care of your rental or personal paddling equipment.

**TREK/ORIENTEERING** – These points can be obtained in any order. You must get **at least 3** of these points to remain a ranked team.

**CP11** – Located on the southeast side of **Pond**.

**CP12** – Located on an old **Two-Track**.

**CP13** – Located in a **Reentrant**.

**CP14** – Located on the east side of a **Hilltop**.

**CP15** – Located in a small **Creek**.

**CP16** – Located in a small **Depression**.

**CP17** – Located on a **Hilltop**.

**CP18** – Located in a **Reentrant**.

**CP19** – Located at the edge of a **Swamp**.

**CP20** – Located at the edge of a **Swamp off a Trail**.

**CP21 – ROPES** – Located on **Hillside** off of trail. Follow staff instructions for the ropes. You must do the ropes to punch the CP.

**CP22** – Located on an open **Hilltop**.

**FINISH** – Located back at the Dodge Pavilion where the race started. **The cutoff time is 7 hours from the race start. After that time you will be considered unranked. We hope you enjoyed The December Chill!**