

Infiterra Sports Newsletter - December 2003

SALOMON / MOOSEJAW DECEMBER CHILL

Over sixty teams are already signed up for this fast fun race. The 8-hour event will take place this coming Saturday, December 6th at the Holly Recreation Area in Holly, MI.

The course is set and the Holly State Recreation Area is proving to be a great venue for this race, providing numerous lakes, hilly terrain, thick brush and endless biking possibilities. The bike course will have a little bit for everyone, from the roadie, to the single-trackers, even a little something for those select few who enjoy an occasional hike-a-bike. So call up your training buddy and don't pack away your AR gear for the winter just yet, because the December Chill is right around the corner.

Please visit www.infiterrasports.com/Chill/Chillar.html for the latest information, gear list, registration and race updates. If you have any questions about the Chill, contact Don at don@infiterrasports.com.

Online registration will close Wednesday December 3rd at the end of the day. Mailed registrations should be in the mail no later than Tuesday, December 2nd. If you come up with a team after the 3rd and still want to register, you need to contact Luke at luke@infiterrasports.com.

KAHTOOLA TO PROVIDE TOP PRIZES AT DECEMBER CHILL

First place coed division racers will receive a set of Kahtoola Traction System (KTS) crampons. Designed specifically to flex with running and hiking shoes, the KTS is the lightest and most compact 10-point crampon available. This light (270g ea) and user-friendly design is being used by everyone for winter running/hiking, glacier travel, adventure racing and light mountaineering. MSRP \$129.00 including tote-sack. 866-330-8030 or www.kahtoola.com

In addition to the Kahtoola prizes we have great apparel from Salomon, gift certificates from Moosejaw, Sealskinz socks and jugs of Hammer Gel for the top teams along with several other prizes to give away.

ADVENTURE RACE NIGHT @ MOOSEJAW

Infiterra Sports in conjunction with Moosejaw will have the third *Adventure Race Night @ Moosejaw*. They are free to attend and anyone is welcome to come! For a list of topics, dates, and more information, please visit www.infiterrasports.com/ARNight.html. We'll be giving away free prizes, race entries and cool swag.

What: Winter Training
When: Wednesday, December 10th
Time: 7:00PM – 8:00PM
Where: Moosejaw Birmingham store (34288 Woodward Ave, 248.203.7777)

While there each attendee will be able to take advantage of Moosejaw discounts of 15% off all regularly priced items and an additional 5% off sale items.

ASCENDING AND RAPPELLING FOR ADVENTURE RACING CLINIC

Infiterra Sports and Planet Rock will be hosting a basic ascending and rappelling rope clinic. The clinic will be geared towards beginners, but anyone who wants to learn or brush up these skills is welcome to attend. All participants satisfactorily completing the instruction will receive a certificate that is recognized by most adventure races requiring certification. All special equipment is included. You are free to bring your own harness, ascending and/or rappelling gear. You will be able to use it as long as it passes safety inspection. You must pre-pay and RSVP for this event. There is a limit of 24 people and generally these types of clinics sell out. Contact Luke at luke@infiterrsports.com with any questions. Slots will be considered filled upon receipt of payment.

Note: We are definitely planning to have both ascending and rappelling in next years Adventure Rage. You will need to have the skills taught in this clinic for that race.

Date: Saturday, January 10th

Location: Planet Rock-Climbing Gym, 82 April Dr. Ann Arbor

Time: 8:00 - 11:00am

Cost: \$45.00 (non-refundable, but transferable to another person)

Max: 24 people

RSVP: Contact Stacey Osborn at Stacey@zaser.net to RSVP for the event.

Checks need to be made payable to Infiterra Sports. Mail payments to: Infiterra Sports, 1033 Kingston Ave, Flint, MI 48507

U of M OUTDOOR ADVENTURES WILDERNESS MEDICINE CLASSES

Wilderness First Aid (WFA)

Ideal for individuals as well as groups and their leaders, this 16-hour program covers topics ranging from preparation and prevention to assessment and treatment. Classroom lectures and discussions are supplemented by practical work and problem-solving exercises. The emphasis is always on hands-on experience. Scenarios are an important part of this training. While much of the material appears to be standard emergency care information, the backcountry

emphasis with long-term care and evacuation complications makes this course unique.

Dates: March 13-14 or April 24-25

Price: \$140

Location: Challenge Program Facility, Dixboro Road

Wilderness First Responder (WFR)

The Wilderness First Responder curriculum uses the principles of long-term care, improvised resources, and varying environmental conditions as the framework for learning. Created to provide outdoor leaders, guides, and rangers with the knowledge necessary to deal with crises in remote settings, this 80-hour certification course meets Department Of Transportation National Standards for First Responder with additional protocols for extended-care situations. The intensive 80-hour curriculum takes place over nine days. To optimize learning potentials, SOLO complements these sessions with a variety of mock scenarios and simulations. The program is fast-paced and both intellectually and physically demanding.

Dates: January 12 - March 23, plus Jan 10/11, Feb 15, Mar 6/7, and Mar. 13

Times: Monday evenings 6-9pm

Price: \$550 before December 5 \$650 until January 5

Location: Challenge Program Facility, Dixboro Road

You can view curricula, packing lists, and more information pertaining to both programs by visiting our website, www.recsports.umich.edu/OutdoorAdv. You must attend all sessions in order to certify for both WFA and WFR. To enroll into these programs, call the Outdoor Adventures Rental Center at 734-764-3967.

2004 SALOMON / MOOSEJAW ADVENTURE RACE SERIES

2004 is fast approaching. We here at Infiterra Sports are working hard to nail down exact dates and locations for the exciting 2004 Salomon/Moosejaw AR Series. Although we are still a ways off from being able to release the complete schedule, we want to provide you with a teaser that will at least allow for some high level planning. We know a lot of you are just like us and already trying to plan what races you want to do next year! So here it is, a preliminary schedule for the 2004 Salomon/Moosejaw AR Series:

- 10hr Sprint Race near Metro Detroit in early May
- 15hr Unsupported Race on the western side of the state in mid June
- 10hr Night Sprint Race near Metro Detroit in mid August
- 24-30hr Supported Race in northern lower Michigan in late September
- 8hr Sprint Race near the Metro Detroit in early to mid December

Look for a special veteran/rookie category in the May sprint that will be designed to get newcomers in the sport. You can expect to see a solo division in at least one of the races if not more. There will be a point series covering the first four races. We will also definitely be offering an unsupported option for the September race.

Keep an eye on our web site and the newsletters for exact date and location announcements.

We hope to see you at many of these upcoming events!!!

Infiterra Sports LLC