

Race Staff Numbers

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IN CASE OF EMERGENCY, DIAL 911



RACE INSTRUCTIONS

2007 SPRING FURY SPORT/ELITE ADVENTURE RACE

- While biking on roads, stay single file and to the side of the road.
 - Holly and Grange Hall Roads are off limits. You will be on each road for one short designated section. Beyond that you are only allowed to cross them.
 - You must punch your passport at all CPs, even manned CPs. It is your responsibility to punch your passport in the correct location and keep your passport intact and legible to be turned in at the finish.
 - Make sure to notify race staff if you are leaving the race for any reason.
 - We will be using our standard Score-O style for both Orienteering sections and the Bike Orienteering section. To be a ranked team, you must get three CPs in EACH of these sections. In accordance with our rules, you will not be beaten by someone with fewer total orienteering points than you. The object is to get as many of the points as you can and get to the finish before the 10-hour cut-off expires. Manage your time accordingly.
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START – The race will start in the field area north of the registration pavilion. Your team will follow staff instruction and follow the trail around the lake to your bikes. You cannot run on the road or road shoulder. You must run the trail or bushwhack through the filed to get around the lake to your bikes.

BIKE

CP1 – Manned - Located just west of the intersection of Belford and Holly Roads. From the bike pickup location bike out of Seven Lakes State Park and follow roads to CP1. Holly Road is off limits.

CP2 – Manned - Located near the end of Shields Road on private property. From CP1 bike to CP2. You will have to cross Holly Road. Be very careful doing so. Holly Road is still off limits except to cross.

CP's 3 & 4 – Flags – Located on the West Loop of the Holdridge Mountain Bike Trails. From CP2, follow staff instruction to travel through the private property and then bike whack your way through the woods to the single track trail. CP's 3 & 4 are not shown on your maps. They are located right on the west loop trail and as you ride the trail you will find them. You are only riding the west loop, not the Tech loop or the Lake Loop. The trail is not ribboned for the race. Use your provided trail map to negotiate the west loop trail and locate the CP's.

CP5 – Manned – Located at the Holdridge Mountain Bike Trail Head parking area. When you come off the West Loop Single Track you will arrive at CP6.

BIKE Orienteering

CP's 6, 7, 8, 9, & 10 – Flags – Located on the East Loop of the Holdridge Mountain Bike Trails. These CP's are marked on both your Bike Trail Map and your Topo map. You MUST obtain these points in order and you MUST always ride the single track in the correct direction. You are free to bike whack and leave the trails, but you must have your bike with you. You CANNOT drop your bike and retrieve the CP's on foot. To be ranked, you are only required to get 3 of these CP's. With this provision in place, if you "miss" a CP you are not mandated to loop all the way back around and retrieve it.

BIKE

CP11 – Manned – Located at the Holdridge Mountain Bike Trail Head parking area. Once you have completed the bike orienteering, make your way to CP11.

CP12 – Manned – Located in a field area off the east side of Mackey Road. From CP11 make your way on roads to CP12. Be cautious and aware of traffic for the short section you are allowed to ride on Grange Hall Road.

TREK / O-COURSE

O-Course – You will drop your bikes at CP12 and go on foot for the O-course. You must get at least 3 of these points to remain ranked. Points may be obtained in any order. Be aware of private property. **CUTOFF TIME – You must be back to CP20 to pick up your bike by 12:00pm.**

CP13 – Flag – Hill Top

CP14 – Flag – Side Hill

CP15 – Flag – Spur on edge of Swamp

- CP16 – Flag** – Edge of Small Hill at an old tree line
- CP17 – Flag** – West Side of a Swamp
- CP18 – Flag** – Saddle area on a ridgeline
- CP19 – Flag** – East side of Hill Top near an Old Two Track

CP20 – Manned - Located in the same location as CP12 where dropped your bikes before the O-course. Complete the O-course and return to your bikes at CP20.

BIKE

CP21 – Flag – Located just northwest of Rattalee Lake Road near the small river. It is off the road a little ways, so you will have to watch for it.

CP22 – Manned – Located at a park on south side of the village of Holly. From CP21 bike to CP22. Be aware of traffic as you reach the main paved roads and come into town.

PADDLE

At CP22 you will prepare for the river paddle. At this CP you will have access to your gear bag. When you leave CP22, you **MUST** take your gear bag and all your gear with you. The only thing you can leave is your bike. No other gear including biking gear can be left behind. We **HIGHLY** recommend you secure all gear in your boat. Even the most experience paddler might tip their boat on this river ☺. The river is not shown in complete on your topo map. Follow the main channel of flowing water and you will be fine. You will encounter several beaver dams and flooded pond areas. There are orange arrows and ribbon placed by local paddlers in some areas to help you stay on course.

CP23 – Manned – Located at the dam in the town of Fenton. From CP22 paddle down river to CP23. When approaching the dam, you **MUST** takeout to portage on river left (south side) Once at CP23, you will follow staff instruction to portage the dam.

CP24 – Manned – Located on the north side of the river just before the river hits Torrey Road. From CP23 paddle down river to CP24. This section of the river is **NOT** maintained by local paddlers. You will encounter **NUMEROUS** trees and snags with **MULTIPLE** portages required to get around them. Be courteous of private property as you portage around these snags. At CP24 you will follow staff instruction for exiting the river and placing your boat. You may leave your gear bag at CP24, be sure you have anything you need to complete the race as you will not have access to this gear bag until the race is complete.

TREK

CP25 – Flag – Between the road and the main park road. From CP24 Trek along roads to reach CP25. Be aware of traffic and be careful crossing major roads.

CP26 – Manned – Located at the race start/finish area. From CP25 trek to CP26.

TREK / O-COURSE

O-Course – You must check in with race staff and you will receive your map for the Final O-course. You may access your gear at anytime. You must get at least 3 of the points on this O-course. Points may be obtained in any order. Be aware of private property.

- CP27 – Flag** – Ridgeline overlooking lake not represented on your map
- CP28 – Flag** – West Side of Swamp
- CP29 – Flag** – Edge of Lake
- CP30 – Flag** – Reentrant
- CP31 – Flag** – South side of Peninsula
- CP32 – Flag** – North end of Peninsula
- CP33 – Flag** – Reentrant
- CP34 – Flag** – Stand of Pines on Hilltop

- CP35 – Flag – Hilltop**
- CP36 – Flag – Old Fence Line**
- CP37 – Flag – Spur**
- CP38 – Flag – Rock Pile on old Fence Line**
- CP39 – Flag – Center of 4 small depressions**
- CP40 – Flag – Edge of Lake**
- CP41 – Flag – Between two Lakes**
- CP42 – Flag – Sidehill**

FINISH – Located right back at the race start location and registration pavilion. The cutoff time is 10 hours from the race start. If you arrive back the finish after that time you will be considered unranked. Hope you enjoyed The **Spring FURY!**