

Race Staff Numbers
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IN CASE OF EMERGENCY, DIAL 911



RACE INSTRUCTIONS 2010 SPRING FURY 8HR ADVENTURE RACE

- While biking on roads, stay single file and to the side of the road.
 - You must punch your passport at all CPs, even manned CPs. It is your responsibility to punch your passport in the CORRECT location and keep your passport intact to be turned in at the finish. Remember to cover your passport with protective contact paper as required by the gear list.
 - Make sure to notify race staff if you are leaving the race for any reason.
 - Your vehicle and the parking lot will serve as one of the TA's for this race. You may access all of your gear any time you return to the main parking area.
 - We will be using our standard Score-O style for the two Orienteering sections. Be sure to note the minimum number of CPs to be obtained in these two sections. In accordance with our rules, you will not be beaten by someone with fewer orienteering points than you. The object is to get as many of the points as you can and get to the finish before the cut-off time. Manage your time accordingly.
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START – The race will start on the beach near the pavilion. All teams will line in their canoe/kayak in the water along the beach. You should start lining up by 8:45am. At least the stern of every team's boat must be touching the shoreline.

PADDLE – Make sure to use a rental boat unless you brought your own canoe or kayak! These points **MUST** be obtained in order. Portaging is **NOT** allowed on this paddle section. **BE AWARE** – there are stumps and dead heads in Lake Sanford. Please use judgment when paddling and once you paddle under US10 – Please stay closer to the west shore of the lake. Do not paddle directly down the center of the lake where motor boat traffic is more likely.

CP1 – Located off West River Road near the culvert. From the start paddle out into Sanford Lake and under US10. The bridge to go under US10 is located on the east side of the lake.

CP2 – Located on a dock on the west side of the lake.

CP7 – Located back at the beach at the Lakeside Pavilion. You must check in with race staff at the pavilion. This is a TA location and you may access your car / gear as needed.

BIKE – Remember to ride single file on all roads! These points **MUST** be obtained in order.

CP8 – Located just south of the rail trail. Note the rail trail is shown as a rail road track on your map.

CP9 – Located just south of the rail trail near the Salt River. **MANDATORY ROUTE** – from CP8 all the way to North Bradley and road M-18, you must ride the rail trail. Saginaw Road is off limits except to cross.

CP10 – Located at the east end of Baker Road. Be careful biking on M-18 and stay single file.

CP11 – Located at a large pine tree near a split in the two track.

CP13 – Located along Mud Creek.

CP14 – Located on a sandy hill at a two track intersection. This is a TA location. You will have access to the gear bag you packed pre-race.

TREK/SCORE-O – Check in with race staff and you will receive an orienteering map for this section. **CP's 15 - 26 may be obtained in ANY order. You must obtain at least 4 of these points to be a ranked team.** Manage your time accordingly to ensure you can complete the course before the 8hr cut-off.

CP15 – Located on the northwest edge of a marsh.

CP16 – Located on the southeast edge of a marsh.

CP17 – Located behind a rootstock, south side of a two-track.

CP18 – Located on Black Creek.

CP19 – Located in a small reentrant.

CP20 – Located in a small reentrant.

CP21 – Located in a thicket between 2 ponds.

CP22 – Located in a marsh near a birch tree.

CP23 – Located on a hill top.

CP24 – Located ~~on~~ in a reentrant.

CP25 – Located on a spur.

CP26 – Located on a small peninsula.

CP27 – Same location as CP14. Return to this TA area. You will have your passport checked by race staff. Be sure to pack up your gear bag and place it in the area specified by race staff before leaving on bike.

BIKE – From CP27 you will bike out to the east to reach West River Road and then bike south over US10 and then west on Maynard Road to Pine Haven Rec Area.

CP1 – Located off West River Road near the culvert. This is the same flag you already punched for CP1 on the paddle – You will now punch it in box 42 on your passport. Staff will check your passport after the paddle to ensure you do not punch box 42 early!

CP40 – Located at the main Pine Haven parking area at the end of Maynard Road.

BIKE/TREK/SCORE-O FREE-FOR-ALL – CP's 30 - 39 may be obtained in ANY order and by either trekking or biking or any combination. You may drop your bike and return to it as you see fit. You must obtain at least 2 of these points to be a ranked team. Note that half these points are marked on your bike trail map and half are marked on your topo map. You need to figure out how to overlay these 2 maps and use this to your advantage to obtain these points. Enjoy the free-for-all!!! **Manage your time accordingly to ensure you can complete the course before the 8hr cut-off.**

CP30 – Located in a reentrant.

CP33 – Located in a small reentrant.

CP31 – Located on a sidehill.

CP34 – Located in a reentrant.

CP32 – Located on the north side of the Salt River.

CP's 35 – 39 – Are located just off trails and marked on the provided bike trail map only.

Once you have obtained as many CP's as you like in this section you will bike to the finish!

BIKE - FINISH – Bike back to the finish located back at the Lakeside Pavilion in Sanford Lake Park where the race started. **The cutoff time is 5pm or 8 hours from the race start. After that time you will be considered unranked. We hope you enjoyed The 2010 Spring Fury!**