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IN CASE OF EMERGENCY, DIAL 911



## RACE INSTRUCTIONS

### 2010 SPRING FURY ELITE ADVENTURE RACE

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- While biking on roads, stay single file and to the side of the road.
  - You must punch your passport at all CPs, even manned CPs. It is your responsibility to punch your passport in the CORRECT location and keep your passport intact to be turned in at the finish. Remember to cover your passport with protective contact paper as required by the gear list.
  - Make sure to notify race staff if you are leaving the race for any reason.
  - Your vehicle and the parking lot will serve as one of the TA's for this race. You may access all of your gear any time you return to the main parking area.
  - We will be using our standard Score-O style for the final two Orienteering sections. Be sure to note the minimum number of CPs to be obtained in these two sections. In accordance with our rules, you will not be beaten by someone with fewer orienteering points than you. The object is to get as many of the points as you can and get to the finish before the cut-off time. Manage your time accordingly.
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**START** – The race will start on the beach near the pavilion. All teams will line in their canoe/kayak in the water along the beach. You should start lining up by 5:50am. At least the stern of every team's boat must be touching the shoreline.

**PADDLE** – Make sure to use a rental boat unless you brought your own canoe or kayak! These points MUST be obtained in order. Portaging is NOT allowed on this paddle section. BE AWARE – there are stumps and dead heads in Lake Sanford. Please use judgment when paddling and stay reasonably close to one shore or the other while traveling along the lake. Do not paddle directly down the center of the lake where motor boat traffic is more likely.

**CP1** – Located off West River Road near the culvert. From the start paddle out into Sanford Lake and under US10. The bridge to go under US10 is located on the east side of the lake.

**CP2** – Located on a dock on the west side of the lake.

**CP3** – Located off Lake Sanford Road.

**TREK/ORIENTEERING** – At CP3, follow staff instruction to pull your boat onshore. You will receive an orienteering map and a specific passport from the race staff for this section. These points MUST be obtained in order. Travel along the road south to avoid the private property marked on your map and enter the woods for the orienteering segment.

**CP43** – Located west of a two track intersection

**CP44** – Located on the west side of swampy area

**CP45** – Located on a beaver dam

**CP46** – Located on the south edge of a marsh

**CP47** – Located on Variety Creek

**CP4** – Same location as CP3. Return to your boat. You will hand in your passport for this segment to race staff.

**PADDLE** – Again be cautious paddling on Sanford Lake! No portaging or leaving your boat allowed you must paddle to the CP.

**CP5** – Located on a culvert near Dague Rd.

**CP7** – Located back at the beach at the Lakeside Pavilion. You must check in with race staff at the pavilion. This is a TA location and you may access your car / gear as needed. You MUST pack a gear bag or strap together your PFD & paddle to be used at the later pack rafting section. Even if you have a rental PFD & Paddle, pack this together. You must place this in the area designated to you by race staff BEFORE you leave this TA.

**BIKE** – Remember to ride single file on all roads! These points MUST be obtained in order.

**CP8** – Located just south of the rail trail. Note the rail trail is shown as a rail road track on your map.

**CP9** – Located just south of the rail trail near the Salt River. **MANDATORY ROUTE** – from CP8 all the way to North Bradley and road M-18, you must ride the rail trail. Saginaw Road is off limits except to cross.

**CP10** – Located at the east end of Baker Road. Be careful biking on M-18 and stay single file.

**CP11** – Located at a large pine tree near a split in the two track.

**CP12** – Located on the southeast side of a marshy lake.

**CP13** – Located along Mud Creek.

**CP14** – Located on a sandy hill at a two track intersection. This is a TA location. You will have access to the gear bag you packed pre-race.

**TREK/SCORE-O** – Check in with race staff and you will receive an orienteering map for this section. **CP's 15 - 26 may be obtained in ANY order. You must obtain at least 4 of these points to be a ranked team.** Manage your time accordingly to ensure you can complete the course before the 12hr cut-off.

**CP15** – Located on the northwest edge of a marsh.

**CP16** – Located on the southeast edge of a marsh.

**CP17** – Located behind a rootstock, south side of a two-track.

**CP18** – Located on Black Creek.

**CP19** – Located in a small reentrant.

**CP20** – Located in a small reentrant.

**CP21** – Located in a thicket between 2 ponds.

**CP22** – Located in a marsh near a birch tree.

**CP23** – Located on a hill top.

**CP24** – Located ~~on~~ in a reentrant.

**CP25** – Located on a spur.

**CP26** – Located on a small peninsula.

**CP27** – Same location as CP14. Return to this TA area. You will have your passport checked by race staff. Be sure to pack up your gear bag and place it in the area specified by race staff before leaving on bike.

**BIKE** – CP's 28 & 29 must be obtained in order.

**CP28** – Located at the west edge of a marshy area near Mud Creek.

**CP29** – Located in a reentrant on the single track trail. **MANDATORY ROUTE** – from CP28 pick up the single track trail heading to CP29. You must ride this trail to CP29 and then continue on it until you are south of US10 and meet up with the Pine Haven trail system. The trail safely crosses under US10 at two large bridges. For reference, this trail will drop you onto the Pine Haven Trail Map near the location marked as E1 with a red triangle on the map.

**BIKE/TREK/SCORE-O FREE-FOR-ALL** – CP's 30 - 39 may be obtained in ANY order and by either trekking or biking or any combination. You may drop your bike and return to it as you see fit. You must obtain at least 4 of these points to be a ranked team. Note that half these points are marked on your bike trail map and half are marked on your topo map. You need to figure out how to overlay these 2 maps and use this to your advantage to obtain these points. Enjoy the free-for-all!!! **Manage your time accordingly to ensure you can complete the course before the 12hr cut-off.**

**CP30** – Located in a reentrant.

**CP31** – Located on a sidehill.

**CP32** – Located on the north side of the Salt River.

**CP33** – Located in a small reentrant.

**CP34** – Located in a reentrant.

**CP's 35 – 39** – Are located just off trails and marked on the provided bike trail map only.

**CP40** – Located at the main Pine Haven parking area. You will drop your bike with race staff at CP 40 and pick up your pack raft and paddling gear. Then hike down to CP41 for the pack raft put in. Race staff will transport your bike to the pack raft takeout.

**PACK RAFT** – You must wear your PFD while pack rafting. This is a mandatory raft section. No portaging except to pass around log jams as needed. Stay dry ☺

**CP41** – Pack Raft put in on bank of Salt River.

**CP42** – Pack Raft take out. Hike up the hill with your raft to the church parking lot. Leave your raft and paddling gear with the race staff and bike to the finish.

**BIKE - FINISH** – Bike back to the finish located back at the Lakeside Pavilion in Sanford Lake Park where the race started. **The cutoff time is 6pm or 12 hours from the race start. After that time you will be considered unranked. We hope you enjoyed The 2010 Spring Fury!**